

## **Ability Levels for Skiing**

GoSnow Level	Current Ability	Current Terrain Used	Goals for the Lesson
L1 – First Timer	This is my first time skiing	GoSnow Learning Zone &Magic Carpet	Learn how to stop & turn both left & right
L2 – Beginner	I have tried skiing before & I can stop	Magic Carpet, Holiday & Family Chair	Ride the chairlift linking turns to control speed
L3 – Novice	I have used the chair lift & can link basic turns on green runs for speed control	Holiday & Family Chair, challenging green & easy red runs, easy of piste	Learn to ski parallel & make varied turn sizes to adapt to steeper and uneven terrain
L4 – Intermediate	I can parallel turn on blue/red terrain & make varied turn sizes on uneven terrain	All green/red, easy black runs on & off piste	Perfecting parallel turns with a pole plant. Turn comfortably on all red/black runs in a variety of conditions
L5 – Advanced*	I can ski parallel on all runs making varied turn sizes in a variety of conditions	All mountain including off piste conditions & terrain park	Continue to develop my skills through improving edging, pressure, timing & coordination & riding more varied terrain including; Trees, bumps, powder & freestyle features

<sup>\*</sup>Advanced levels for Adult Groups only available in Workshops



## **Ability Levels for Snowboarding**

GoSnow Level	Current Ability	Current Terrain Used	Goals for the Lesson
L1 – First Timer	This is my first time snowboarding	GoSnow Learning Zone &Magic Carpet	Be able to slide & stop on both edges (toe/heel) gain balance & change direction
L2 – Beginner	I have tried boarding before & I can stop & control direction on one edge	Magic Carpet area, Holiday & Family Chair	Perfect single turns on heel/toe & practice linking turns together
L3 – Novice	I can link turns confidently on green runs	All green terrain & easy red runs	Be able to vary turn sharp & manage uneven terrain
L4 – Intermediate	I can make varied turn shapes on green/red runs & uneven terrain	All green/red, easy black runs on & off piste	Progress to easy black terrain, learn switch riding & basic freestyle
L5 – Advanced*	I can ride the whole mountain including off piste terrain	All mountain including off piste conditions & terrain park	Continue to develop my skills through improving edging, pressure, timing & coordination & riding more varied terrain including; Trees, bumps, powder & freestyle features

<sup>\*</sup>Advanced levels for Adult Groups only available in Workshops